

## Lessons to use with the booklet, *Rest! Part Two, The Opposition To Rest*

Put the agenda on the board or on a piece of paper to attach to the board.

Agenda:

1. Prayer
2. Answer questions on the board
3. Lesson
4. Q. and A. time
5. Reinforcement game
6. Ending prayer

### Lesson #1 (Points to Remember, #1-6)

1. Prayer
2. Answer the three questions on the board, only one of which they won't know the answer. (2-3 minutes) Make up your own questions. An idea is to have a question they don't know the answer to from the upcoming lesson and two that they should know from the previous lesson.
3. Lesson (depending on the attention span, 20-40 minutes) Remember, these are suggestions to help you only if you want to use them.

- Go over the vocabulary up to and including the word "execute".

Then have them close the booklet and you teach: (Page 1)

**A. We have an enemy that opposes our rest and goes wherever we go.** Discuss the flesh, the OSN, which is in every cell of our body. Here are a few points from *Old Sin Nature vs. Holy Spirit*, R.B. Thieme, Jr. It is the human nature without God. It has an area of weakness and an area of strength. Our area of weakness is a source of temptation for personal sins (Heb. 12:1). Our area of strength generates human good. Wrong motivation. (Isaiah 64:6) It is our volition that chooses to sin.

**B.** Sin accuses, condemns, and destroys us. Remember, we never lose our salvation! We can just be very miserable if we aren't filled with the Holy Spirit!

- Discuss: Filling of the Holy Spirit equals the Holy Spirit controlling our souls. Reference: *The Filling of the Holy Spirit*, Robert R. McLaughlin

**C.** Read page 1 of the booklet, including the scripture. Discuss.

**D. Page 2** **God the Father, the Son and the Holy Spirit indwell believers' bodies.**

**E.** The purpose of the indwelling of the Father is to show us the greatness of His plan for our lives.

**F.** The Father's power and plan for our lives is far greater than anything in the world.

**G. Page 3** The purpose of the indwelling of God the Son is to serve as a badge, or a sign, of the Royal Family of God and its privileges.

**H.** The purpose of the indwelling of God the Holy Spirit is to provide a temple for the Lord Jesus Christ

- Read together and discuss pages 2 and 3, along with the scriptures.

4. Q. & A. If the kids don't have anything to discuss, use the "Questions for Discussion" in the back of the booklet, #1-6.

5. Reinforcement game: Put "Points to remember", #1-6, on strips of paper and play "Guess what I'm acting out." Play bingo with vocabulary words.

6. Prayer

Booklets that may be used: *Newness of Life In Christ*, *Problems Solving Device #2*, *Filling of the Holy Spirit*. Jr. Tree of Life: *The Doctrine of Rest*, May 4, 2008; *The Doctrine of Rest, Part Two*, May 11, 2008

Notes:

## Lesson #2

1. Prayer
2. Discuss questions on board
3. Lesson:
  - A. Finish the vocabulary sheet. We left off with "execute".
  - B. Go over "Points to Remember", #1-6
    - Teach pages 4-10 of booklet, ("Points to Remember", #7-13)
  - C. Satan's strategy is to try to stop us from reaching our goal of becoming mature believers. (Page 4)
  - E. The power on the inside of us is greater than the power and attacks of our enemies. (Page 4)
  - F. Rest is also the result of submitting to a local assembly which means accepting the authority of the pastor-teacher. (Page 5)
  - H. God has given pastor-teachers authority and responsibility to teach His word, Bible doctrine. (Page 6)
  - I. Our pastor-teacher gives us the ammunition we need to defeat our enemy, the flesh! (Page 8)
  - J. In spite of what we do or who we are, God has an attitude of rest toward us. (Page 9)
  - K. We have the responsibility to rest. God gave us the tools to rest, His power and His word. (Page 10)
    - This may be too much to teach. If it is, finish next time.
4. Q. & A. Option, "Questions for Discussion", back of booklet, #7-13
5. Reinforcement activity. Do the word scramble.
6. Prayer

Notes.